

STARTERS

- Bannisters Soup of the Day** £4.99
With rock salt and cracked pepper croutons, served with a homemade bread roll and butter
🍃 🌱 *Gluten free option served with a slice of gluten free bread, no croutons - Check with waitress for today's choice*
- Chicken Liver Pâté** £4.99
With a country chutney, dressed salad leaves and Bannisters melba toast
🌱 *Gluten free option served with gluten free toast*
- Salmon & Crayfish Fiorelli** £4.99
Filled pasta parcels in a seafood sauce
- Pea, Courgette & Asparagus Frittata** 🍃 🌱 £4.99
Served with rocket leaves and a balsamic reduction
- Summer Watermelon & Feta Salad** 🍃 🌱 £4.99
Fresh watermelon, diced cucumber, feta cheese and mint leaves with a balsamic dressing

LIGHT BITES

COLD OPTIONS

- Falafel Wrap** £6.99
A flour tortilla filled with baby gem lettuce, chickpea falafel and a sweet tomato and red pepper confit. Served with mixed leaves and homemade crisps
🍃 🌱 *Vegetarian & vegan option served without crisps*
- Duck & Hoisin Sauce Wrap** £6.99
Shredded duck in hoisin sauce with cucumber and spring onion in a tortilla wrap. Served with mixed leaves and homemade crisps
- Bannisters Club Sandwich** £6.99
A classic triple decker sandwich on toasted bread filled with chicken in mayonnaise, sweet cured bacon, tomato and lettuce. Served with coleslaw and homemade crisps
🌱 *Gluten free option served on gluten free toast*

HOT OPTIONS

- Bannisters Chicken & Brie** £6.99
Served on toasted onion bread with garlic mayonnaise, straw potato crisps and basil dressing
🌱 *Gluten free option served with gluten free toast and no straw potato crisps*
- Posh Cheese on Toast** 🍃 £7.49
Goat's cheese, Stilton and creamy Lancashire cheese, melted together on toasted onion bread. Served with sun blush tomato chutney
🌱 *Gluten free option served with gluten free toast*
- Homemade Battered Chicken Goujons** £6.99
Served with salad garnish, sweet chilli dipping sauce and a warm pitta bread
- Smoked Haddock, Mozzarella & Spring Onion Fish Cakes** £6.99
On a light salad of mooli and cucumber with a lemon crème fraiche
- Add a Portion of Bannisters Chunky Chips** £2.25





MAINS

- Bannisters Beer Battered Haddock & Chips** £10.99
Fresh fillet of haddock cooked in a crisp beer batter, served with homemade chunky chips, mushy peas and tartare sauce
- Natural Smoked Haddock**  £10.99
A fillet of oven baked natural smoked haddock on creamy mashed potato with a poached egg and lemon beurre blanc sauce served with a medley of cabbage
- Moules Frites** £9.99
Mussels in a white wine, cream and garlic sauce served with chunky chips
- Bannisters Fillet of Beef** £12.99
5oz fillet of beef cooked to your liking. Served with onion rings, grilled tomato, a medley of cabbage and chunky chips
Add peppercorn sauce or red wine reduction  £1.00
 *Gluten free option served with new potatoes or mash*
- 4oz Handmade British Beef Cheese Burger** £8.99
Handmade burger topped with Lancashire cheese served on a brioche bun with salad leaves, homemade chunky chips and burger relish
- Pork Steak with Garlic & Herb Butter** £9.99
Pan fried 8oz pork sirloin topped with homemade garlic and herb butter served with broccoli and a white bean and thyme cassoulet
- Chicken in a Mushroom & Tarragon Sauce**  £9.99
Pan roasted chicken fillet coated in a creamy chestnut mushroom and tarragon sauce accompanied by mashed potatoes and broccoli
- Mediterranean Lamb Flat Bread** £8.99
Sliced lamb shoulder, roasted in Mediterranean herbs on a flatbread with shredded red cabbage, tomato, cucumber and mixed leaves topped with a mint yogurt dressing and served with tabbouleh salad
- Bannisters Vegan Sweet**
Potato, Chickpea & Spinach Curry    £8.99
A lightly spiced fragrant curry of roasted sweet potatoes, chickpeas and spinach in tomato based sauce, served with a basmati rice timbale, mini poppadums and mango chutney
- Homemade Three Cheese & Red Onion Pie** £8.99
Served with a choice of either mashed potato or chips and either mushy peas, cabbage medley, beans or gravy
 *Vegetarian option served with mashed potato*

SALADS

- Fleetwood Fisherman's Lunch** £10.99
A platter of fresh poached salmon, prawns, breaded scampi, plaice goujons and smoked mackerel pâté served with melba toast, dressed mixed salad and tartare sauce
- Warm Chicken Tikka Salad** £8.99
Warm chicken tikka slices served on a mixed leaf salad with diced tomatoes, cucumber and red onion. Topped with bell pepper confit and mango chutney. Served with mini poppadoms, warm naan bread strips and a minted yoghurt dressing
- Bannisters Ploughman's** £8.99
Hand carved honey roast ham, gala pie, scotch egg, Lancashire cheese with a dressed salad, homemade crisps, Branston pickle and homemade mini loaf and butter
- Salmon Salad Niçoise**  £10.99
Salmon fillet on a salad of crisp leaves, olives, green beans, baby new potatoes and hard boiled egg with a French dressing
- Tomato & Herb Pasta Salad**    £8.99
A fusilli pasta made from lentils in tomato and red pepper sauce, mixed with cherry tomatoes, diced cucumber and rocket
Add a chicken breast to your pasta salad for £2.00

SIDES

- Bread Roll & Butter £0.75
Slice of Bread & Butter £0.75
Garlic Flatbread £2.25
Cheesy Garlic Flatbread £2.75
Bannisters Vegetables of the Day  £2.25
Beer Battered Onion Rings £2.25
Bannisters Chunky Chips £2.25
Sweet Potato Fries £2.25
Tempura Vegetables with a Sweet Chilli Dipping Sauce £2.49
Coleslaw  £0.50
Tabbouleh Salad   £2.25

Please make a note of your table number & pay at the till on your way out of the restaurant.

Please be aware we are not a gluten free kitchen.

As a licensed restaurant we are happy to sell alcohol as an accompaniment to a meal. Always speak to your server if you have any dietary requirements or allergies.

DESSERTS

- Bannisters Peanut Butter Chocolate Brownie** £4.49
Served with salted caramel ice cream and chocolate sauce
- Orange & Almond Cake**  £4.49
A gluten free sponge cake drizzled with honey syrup and served with a raspberry sorbet
- Banoffee Cheesecake**  £4.49
Vanilla cheesecake topped with sliced banana, whipped cream and toffee sauce made with a gluten free shortbread base
- Lemon Posset**   £4.49
A traditionally set lemon cream, served with gluten free shortbread and a strawberry garnish
- Rice Pudding**  £4.49
Always a favourite, Bannisters famous rice pudding served with a mixed berry compote
- Traditional Bread & Butter Pudding** £4.49
Served with homemade crème anglaise
- Trio of Ice Creams** £3.99
Dairy vanilla, strawberry and chocolate ice cream served with a wafer cone and chocolate or strawberry sauce
- Raspberry & Almond Frangipane Tart**   £4.49
A gluten free vegan tart served with raspberry sorbet
- Assiette of Sweets** £6.99
Lemon posset, orange & almond cake, banoffee cheesecake and peanut butter chocolate brownie

LONG DRINKS

Pimms & Lemonade ABV 25%	£3.79
Gin & Tonic ABV 37.5%	£3.79
Long Vodka ABV 37.5%	£3.79

BEERS & LAGERS

Sharp's Doom Bar ABV 4.3%	£3.79
Smooth Bitter 440ml ABV 3.6%	£2.99
Heineken 330ml ABV 5.0%	£2.99
Peroni 330ml ABV 5.1%	£3.49
Aspall - Harry Sparrow Cider ABV 4.6%	£4.49
Becks Non Alcoholic Beer 275ml	£2.99

BANNISTERS HOUSE WINE

	175ml Glass	250ml Glass	750ml Carafe	1 Litre Carafe
White House Wine ABV 12.5%	£3.99	£5.29	£14.49	£16.99

A blended Blanc de Blanc. Quite dry with a fruity clean finish

Red House Wine ABV 12.5%	£3.99	£5.29	£14.49	£16.99
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Vinified from the Grenache and Syrah grape. This is an uncomplicated red of medium body, rich and fruity with a slight spice

BUBBLES & FIZZ

	200ml Bottle	750ml Bottle
Mirabello Pinot Grigio Rose ABV 12.55%	£6.99	£18.99
Lunetta Prosecco ABV 11%	£6.99	£18.99
Champagne Charles Chevalier ABV 12.5%	-	£40.00

WHITE WINE

	175ml Glass	250ml Glass	750ml Bottle
Sierra Grande Chardonnay, Chile ABV 13%	£4.49	£6.29	£15.99
Cape Heights Sauvignon, South Africa ABV 13%	£4.49	£6.29	£15.99
Vinazzi Pinot Grigio ABV 12%	£4.49	£6.29	£15.99

ROSÉ WINE

	175ml Glass	250ml Glass	750ml Bottle
Sanvigillio Pinot Blush ABV 12%	£4.49	£6.29	£15.99
Big Top Zinfandel Blush, USA ABV 10.5%	£4.49	£6.29	£15.99

RED WINE

	175ml Glass	250ml Glass	750ml Bottle
Cadi di'Ponti Shiraz ABV 14%	£4.49	£6.29	£15.99
Cape Heights Merlot, South Africa ABV 15%	£4.49	£6.29	£15.99
Vega del Piedra, Rioja ABV 12.5%	£4.49	£6.29	£15.99

All wines sold by the glass are available in a smaller 125ml glass on request

HOT DRINKS

Pot of Tea	£1.50
Filter Coffee	£1.50
Americano Black Coffee	£1.99
Americano White Coffee	£1.99
Latte	£1.99
Cappuccino	£1.99
Espresso	£1.99
Chocolate Mocha	£1.99
<i>add an extra shot of espresso</i>	£0.99
Silky Smooth Hot Chocolate	£1.99

Premium Speciality & Flavoured Teas £1.79

English Breakfast
Earl Grey
Decaffeinated
Camomile
Green Tea
Cranberry, Elderflower & Raspberry
Peppermint or Lemon & Ginger



COLD DRINKS

Bottled Coca Cola / Diet Coca Cola	£2.30
Fentimans Botanically Brewed Ginger Beer	£2.79
Fentimans Traditional Dandelion & Burdock	£2.79
Fentimans Full Bodied Lemon Shandy	£2.79
Glass of Orange or Apple Juice	£1.49
Bannisters Elderflower Fizz	£1.79
Mineral Water, Still or Sparkling (330ml)	£1.79
Mineral Water, Still or Sparkling (1 ltr)	£2.89
J20 Spritz Apple & Watermelon	£2.50
J20 Spritz Pear & Raspberry	£2.50
Folkingtons Gently Sparkling Rhubarb & Apple Presse	£2.79
Orangina Light sparkling Orange Juice Drink	£2.79
Perrier Green Apple Sparkling Natural Mineral Water	£2.79


BREAKFAST


Bannisters Full English £7.99
Back bacon, a fried egg, pork sausage, potato rosti, baked beans, buttered mushrooms and plum tomatoes. Served with 2 slices of toast and a choice of either tea or filter coffee



Bannisters Light Bite £6.99
A fried egg, back bacon, pork sausage with a choice of one of the following; potato rosti, baked beans, mushrooms or plum tomato. Served with 2 slices of toast and a choice of either tea or filter coffee



Bannisters Vegetarian Breakfast  £6.99
Halloumi, grilled tomato, poached egg, mushrooms, beans and potato rosti. Served with 2 slices of toast and a choice of either tea or filter coffee
 *Gluten free option served with gluten free toast*

Coffee Upgrade - Upgrade to cappuccino, latte, espresso or speciality tea £0.30

Bannisters Egg Benedict £5.49
Two soft poached eggs, with local cured ham on toasted English muffins topped with hollandaise sauce
 *Gluten free option served with gluten free toast*

Homemade Kedgeree  £7.49
A healthy option of smoked haddock, turmeric infused rice and a hard boiled egg

Posh Cheese on Toast  £7.49
Goat's cheese, Stilton and creamy Lancashire cheese, melted together on toasted onion bread, served with sun blush tomato chutney
 *Gluten free option served with gluten free toast*

Toast & Preserves  £2.99
Two slices of toast served with butter and jam
 *Gluten free option available*

EXTRAS

Extra portions bacon, black pudding or sausage £1.49
Extra portions egg, rosti, beans, mushrooms or tomatoes £0.99
Fresh orange juice £1.49

CHILDREN'S MENU

MAINS

Mini Battered Fish & Chips £4.99
Fresh battered fish served with chips and garden peas

Kids Sausage & Mash £4.99
Always a favourite, two pork sausages, mash potato and beans

Macaroni Cheese ⑦ £4.99
Macaroni pasta in a creamy cheese sauce

Chicken Nuggets £4.99
Homemade battered chicken nuggets served with your choice of either salad or chips and a dipping pot of tomato ketchup

Children's Roast Dinner Available Sundays £4.99
Please ask for details

*All meals include the choice of a small drink.
Choose from apple juice, orange juice, milk or lemonade*

DESSERTS

Ice Cream £1.49
A scoop of ice cream with strawberry sauce

Rice Pudding £1.49
Rice pudding served with strawberry jam